

NCFE LEVEL 2 UNDERSTANDING MENTAL HEALTH IN THE EARLY YEARS



Aged 19+ at the beginning
of the academic year



Lived in the EU
for 3 years



Available
fully funded

The early years of childhood are critical for development. Learning the significance of attachment and adverse experiences during this time is important to understand children's mental health. Children can be exposed to several traumatic experiences throughout their early years which can impact their mental health – and these experiences can contribute to mental health concerns in later life. Whether you are looking to begin work with young children, or you work with children in your current role, having a solid grasp on the importance of a child's emotional wellbeing is vital.

Benefits

- Achieve a nationally recognised Level 2 qualification
- Flexible learning that can be shaped around your schedule
- Supports progression to further qualifications or employment in the Health and Social Care or Childcare sector
- Gain an understanding of mental health in the early years and different factors that effect development

What you will learn

- Understand mental health for young children in the early years
- Understand the significance of attachment and adverse childhood experiences for young children in the early years
- Understand the role of the Early Years Practitioner supporting mental health and wellbeing for young children in the early years