Lead Practitioner in Adult Care - Level 4

LEARNER JOURNEY - August 2025

LEARNING CURVE GROUP

Month I

This month focuses on:

Professional practice in an adult care setting including theories underpinning own practice and competence.

Month 2

This month focuses on:

Facilitating person centred assessment including principles of assessment and outcome-based practice.

Month 3

This month focuses on:

Leading inclusive practice including how to contribute to, promote and maintain a culture which ensures dignity.

Month 4

This month focuses on:

Understanding safeguarding and protection in adult care settings including legislation, local solutions and reporting requirements.

Month 5

This month focuses on:

- Developing, maintaining and using records and reports including confidentiality.
- Lead communication in adult care settings.

Month 6

This month focuses on:

 Leading health and safety in an adult care setting.

















Month 12

This month focuses on:

- The Mental Capacity Act 2005
- Promoting nutrition and hydration.

Month II

This month focuses on:

- Advocacy in adult social care
- Assistive living technology.

Month 10

This month focuses on:

Understanding personalisation in care and support services.

Month 9

This month focuses on:

Personal development in an adult care setting including goals and aspirations that support own professional development and how to access available opportunities.

Month 8

This month focuses on:

 Working in partnership with others including the importance of effective partnerships, inter-agency, ioint and integrated working.

Month 7

This month focuses on:

Changes in health and wellbeing.



Month 13

This month focuses on:

- Undertaking research in adult social care
- Promoting innovation and change.

Month 14

This month focuses on:

- Managing induction in adult social care
- Leading learning and development.

Month 15

This month focuses on:

- Mentoring in adult social care
- Partnership working in adult social care.







This month focuses on:

Month 16

- Managing personal and professional behaviour
- Leading practice to promote quality assurance.

Month 17

This month focuses on:

Contributing to recruitment and selection.

Month 18

This month focuses on:

- · Managing resources in adult social care
- EPA preparation.