Leader in Adult Care - Level 5

Learner Journey – August 2025



Month I

This Month focuses on: Leadership and management in adult care including key theories and leadership style.

Month 2

This Month focuses on: Governance of adult care including legislation and regulations and statutory guidance.

Month 3

This Month focuses on: Communication and information management including using a range of communication skills.

Month 4

This Month focuses on:
Outcomes based and personcentred practice including legislation underpinning equality, diversity, inclusion and human rights.

Month 5

This Month focuses on:
Professional development in
adult care including principles of
professional development andgoals and aspirations that
support own professional
development.

Month 6

This Month focuses on: Supervision and performance management in adult care including theories and models of professional supervision.



Month 12

This Month focuses on: Continuous improvement in adult care including principles of risk management, assessment and outcomebased practice.

Month II

This month focuses on:

Decision making in adult care including systems and processes needed to ensure compliance with regulations and organisational policies and procedures.

Month 10

This Month focuses on: Resource management in adult care.

Month 9

This Month focuses on: Innovation and change including how services are commissioned, procured and funded and market provision and integrated approaches in adult care.

Month 8

This Month focuses on: Health and Safety (H and S) in adult care including the legal framework for H and S in adult care settings and key sources of information and guidance for H and S in the workplace.

Month 7

This Month focuses on: Safeguarding in adult care including the current legislative framework and national guidance that underpins the safeguarding of adults.



Month 13 to Month 17

These months focus on: Completion of optional unit from the diploma.

Month 18

This month focuses on: Preparation for Gateway and EPA preparation.