



CACHE LEVEL 2

# MENTAL HEALTH IN THE EARLY YEARS





# The Course

Children can be exposed to several traumatic experiences throughout their early years which can impact their mental health – and these experiences can contribute to mental health concerns in later life. Whether you are looking to begin work with young children, or you work with children in your current role, having a solid grasp on the importance of a child's emotional wellbeing is vital.

## Benefits

- Achieve a nationally recognised Level 2 qualification
- Flexible learning that can be shaped around your schedule
- Supports progression to further qualifications or employment in the Health and Social Care or Childcare sector
- Gain an understanding of mental health in the early years and different factors that effect development

## What you will learn

- Understand mental health for young children in the early years
- Understand the significance of attachment and adverse childhood experiences for young children in the early years
- Understand the role of the Early Years Practitioner supporting mental health and wellbeing for young children in the early years



Lived in the EU  
for **3 years**



**Aged 19+** at the  
beginning of the  
academic year



You could study  
this course  
for **FREE!**



**Online**  
paper-based  
delivery

## How to Sign Up

Learners may be eligible for funding which means the course won't cost a thing to complete (subject to eligibility). There is a £125 cancellation fee if a learner enrolls and fails to complete or withdraws early from the course. This fee is to cover administration costs. We may be able to offer extensions if learners are unable to meet the set submission deadline. Please read the declaration on the enrolment form carefully before signing up.

## What happens after enrolment?

1. Submit your enrolment form and get instant access to begin your course
2. We'll process your funding application, and a tutor will be assigned to support you through your course
3. Receive text reminders when your work is due
4. Your work will be marked and returned to you within 7 days
5. Once you've submitted your work, we'll apply for your certificate

## How learners use this course

If you choose to do this Level 2 Course in understanding Mental Health in the Early Years, it could lead to careers in Education and Childcare. This is especially useful for careers like;

- **Teaching Assistant**  
(£11,500 to £23,000)
- **Nursery Worker**  
(£14,000 to £24,000)
- **Learning Mentor**  
(£14,500 to £25,000)

Understanding Mental Health in the Early Years can also make your CV stand out and can prove beneficial for many different job roles.





### It was a great course...

It was a great course and I felt the information was easy to understand, well displayed and my tutor/assessor was full of information and encouraging feedback.

**Date of experience:** June 2022



### A great opportunity to complete a free course...

A great opportunity to complete a free course during my maternity leave. Very supportive tutor and telephone operators.

**Date of experience:** June 2022



### The tutor was always quick to respond...

The tutor was always quick to respond to any questions I had always helpful. I never felt under pressure and it was great to study at a steady pace. I enjoyed this so much that I am ready to enrol on another course!!

**Date of experience:** June 2022



### Amazing online course...

Fantastic support throughout the course. Learnt so much and well worth doing. Will make my job a lot easier and understand as much as I can what people with Dementia go through on a daily basis.

**Date of experience:** June 2022



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# TRANSFORMING LIVES THROUGH LEARNING.