Advanced Beauty Therapist – Level 3

LEARNER JOURNEY - August 2025



Month 01

This month focuses on:

- Consultation & consent
- Body structure & functions
- Safe working methods
- Treatment objectives
- Structure & function of the muscular system
- Structure & function of the cardiovascular system

Month 03

This month focuses on:

- Structure & function of skin. nails and hair
- Structure & function of renal & reproductive system
- · Hair growth cycle
- Organisational operational requirements.
- Anatomical Systems.
- Promoting and selling

Month 05

This month focuses on:

Development of skills and behaviours

Month 07

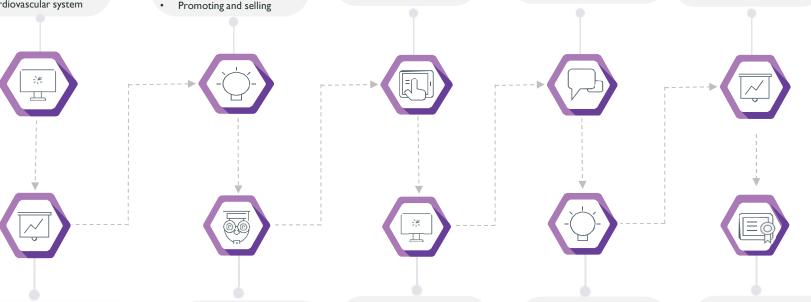
This month focuses on:

- · Design, implement, technical therapy treatments
- Physical & psychological effects of advanced manual therapies
- Adapting advanced manual therapies.

Months 09 to 14

These months focus on:

Development of Skills and Behaviours.



Month 02

This month focuses on:

- · Risk assessments
- Treatment plans
- Advanced manual therapy techniques.
- Problems during treatments.
- Structure of lymphatic, endocrine, nervous, respiratory and digestive systems.

Month 04

This month focuses on:

- Tools and equipment
- Performance target
- Salon procedures
- CPD
- Promotional activities.
- Supervisory strategies.
- Technical therapy
- Contra actions
- Environmental and lifestyle factors

Month 06

This month focuses on:

- Electrical current types
- Development of Skills and Behaviours.

Month 08

This month focuses on:

- Desing, implement, perform and adapt technical therapy treatments
- Development of Skills and Behaviours.

Month 15

This month focuses on:

- · Development of Skills and **Behaviours**
- Preparation for End Point Assessment