# Lead Adult Care Worker-Level 3

LEARNER JOURNEY – August 2025



# Month I

This month focuses on:

- The scope and responsibilities of an adult care worker
- Promoting own continuous professional development.

### Month 3

This month focuses on:

- Promoting personal wellbeing
- Promoting Equality, Diversity and Inclusion in a care setting.

### Month 5

This month focuses on:

- Supporting the health and wellbeing of individuals in a care setting
- Infection prevention and control.

## Month 7

This month focuses on: Promoting

communication in a care setting.

# Months 9 - 13

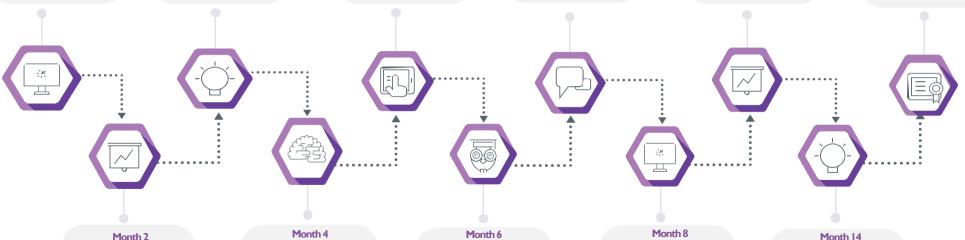
These months will focus on:

- Optional unit choices
- Development of skills and behaviours.

# Month 15 - 16

These months will focus on:

- Optional unit choices
- Development of skills and behaviours
- EPA preparation.



This month focuses on:

- Understanding duty of care
- Understanding how to safeguard individuals.

This month focuses on:

- Person centred practice, choice and independence
- Understanding mental capacity and restrictive practices.

This month focuses on:

Promoting health and safety in a care setting.

This month focuses on:

Handling information in a care setting.

This month focuses on:

- Optional unit choices
- Mock professional discussion
- Development of skills and behaviours.